

## New Milford

New Milford, one of 70 municipalities located in Bergen County, is home to about 16,000 residents. New Milford is the only municipality in Bergen County that is split between two congressional districts, the 9th and the 5th.

New Milford was established almost a century ago from an area then known as Palisades Township. The borough borders Teaneck, which is also represented in the U.S. House of Representatives by Congressman Rothman.

You can learn about this municipality, the local government, school district, and more by visiting the Borough of New Milford Web site at: <http://www.newmilfordboro.com/>.

### How Can I Help?

If you are a resident of New Milford and would like to request assistance with a federal agency, please fill out and submit this [privacy form](#).

### Congressman Rothman Working for District 9

Click on the links below for news about how Congressman Rothman is working for the residents of New Milford.

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### More New Milford News

- [Twin-Boro News](#)
- [The Record](#)

If you would like to see a media outlet added to this list, please contact us.

